

## About QHMS 關於卓健醫療

卓健醫療是香港最大的私營醫療集團之一，提供一系列的綜合醫療及保健服務。集團網絡覆蓋港、九、新界，旗下設有19間體檢中心，為客戶提供全面健康檢查服務，於2011至2015年更連續五年榮獲《讀者文摘》最受信賴體檢中心獎項。此外，卓健醫療自設的中央化驗室於2007年起獲頒香港實驗所計劃認可之ISO 15189國際化驗所品質認證，標誌著卓健體檢服務的優質保證。



Quality HealthCare (QHMS) is one of the largest private healthcare service providers in Hong Kong providing comprehensive and integrated medical and healthcare services. With an extensive network throughout Hong Kong Island, Kowloon and the New Territories, QHMS offers a wide range of health assessments across 19 physical check-up centres. From 2011 to 2015, QHMS has been awarded the Reader's Digest Most Trusted Health Check Centre for 5 consecutive years. What's more, QHMS' Central Laboratory has been awarded the internationally recognised ISO15189 accreditation by the Hong Kong Laboratory Accreditation Scheme since 2007 which affirms their quality standard.

### Quality HealthCare Physical Check-up Centres 卓健醫療體格檢查中心

Location 地點	Address 地址	Applicable for 適用於
Central (Drs Anderson & Partners) <sup>1</sup> 中環(晏打臣醫生醫務所) <sup>1</sup>	14/F, Entertainment Building, 30 Queen's Road, Central, HK. 香港中環皇后大道中30號娛樂行14樓	Plan 1 & 2 計劃一及二
Central (Prince's Building) <sup>1</sup> 中環(太子大廈) <sup>1</sup>	Room 501, 5/F, Prince's Building, 10 Chater Road, Central, HK. 香港中環遮打道10號太子大廈5樓 501室	Plan 1 & 2 計劃一及二
Central (Crawford House) 中環(卡佛大廈)	Rooms 706-709, 7/F, Crawford House, 70 Queen's Road Central, HK. 香港中環皇后大道中70號卡佛大廈 7樓 706-709	Plan 1 - 6 計劃一至六
Admiralty <sup>1</sup> 金鐘 <sup>1</sup>	Units 1605-09, 16/F, Admiralty Centre Tower 1, 18 Harcourt Road, Admiralty, HK. 香港金鐘夏慤道18號海富中心第1期16樓1605-09室	Plan 1 & 2 計劃一及二
Causeway Bay (East Point Centre) <sup>2</sup> 銅鑼灣(東角中心) <sup>2</sup>	Central Medical Diagnostic Centre, Room 1304B, 13/F, East Point Centre, 555 Hennessy Road, Causeway Bay, HK. 宏康醫學診斷中心, 香港銅鑼灣軒尼詩道555號東角中心13樓1304B室	Plan 1 - 6 計劃一至六
Causeway Bay (World Trade Centre) 銅鑼灣(世貿中心)	Suite 2405-06, 24/F, World Trade Centre, 280 Gloucester Road, Causeway Bay, HK. 香港銅鑼灣告士打道280號世界貿易中心24樓2405-06室	Plan 1 - 6 計劃一至六
Sheung Wan 上環	17/F, CS Tower, No.50 Wing Lok Street, Sheung Wan, HK. 香港上環永樂街50號昌盛大廈17樓	Plan 1 - 6 計劃一至六
North Point 北角	Suites 2101-2102, 21/F, North Point Asia Pacific Center, 10 North Point Road, HK. 香港北角北角道10號北角亞太商業中心21樓2101-2102室	Plan 3 - 6 計劃三至六
Tsim Sha Tsui <sup>1</sup> 尖沙咀 <sup>1</sup>	Room 608-613, 6/F, HK Pacific Centre, 28 Hankow Road, Tsim Sha Tsui, Kowloon. 九龍尖沙咀漢口道28號亞太中心6樓608-613室	Plan 1 - 6 計劃一至六
Tsim Sha Tsui (West Kowloon - MTR) 尖沙咀(港鐵-九龍站)	Concession No.KOW 83, L2 Airport Express Line Arrival Concourse, MTR Kowloon Station. 港鐵九龍站機場快綫抵站大堂L2KOW83商舖	Plan 3 - 6 計劃三至六
Jordan <sup>1</sup> 佐敦 <sup>1</sup>	Quality HealthCare Diagnostic & Imaging Centre, LG & UG Floors, 8 Jordan Road, Kowloon. 卓健診斷及放射中心, 九龍佐敦道8號, LG及UG	Plan 1 - 6 計劃一至六
Kowloon Bay 九龍灣	G/F, Block I, Telford Gardens, Kowloon Bay, Kowloon. 九龍九龍灣德福花園I座地下	Plan 1 - 6 計劃一至六
Mong Kok 旺角	8/F, Wai Fung Plaza, 664 Nathan Road, Mong Kok, Kowloon. 九龍旺角彌敦道664號惠豐中心8樓	Plan 1 - 6 計劃一至六
Shatin 沙田	Room 905-907, 9/F, New Town Tower, 10-18 Pak Hok Ting Street, Shatin, NT. 新界沙田白鶴汀街10-18號新城市商業大廈9樓905-907室	Plan 1 - 6 計劃一至六
Tseung Kwan O <sup>2</sup> 將軍澳 <sup>2</sup>	Shops 234-236, Level 2, Metro City Plaza 1, Tseung Kwan O, NT. 新界將軍澳新都城中心一期商場二樓234-236號舖	Plan 1 - 6 計劃一至六
Tsing Yi 青衣	Shop 308D, Level 3, Maritime Square, 33 Tsing King Road, Tsing Yi, NT. 新界青衣青敬路33號青衣城3樓308D號舖(青衣港鐵站商場)	Plan 1 - 6 計劃一至六
Tuen Mun (Parklane Square) <sup>3</sup> 屯門(柏麗廣場) <sup>3</sup>	Rm 2318, 23/F, South Wing, Tuen Mun Parklane Square, 2 Tuen Hi Road. 屯喜路2號屯門柏麗廣場23樓2318室	Plan 1 - 6 計劃一至六
Tung Chung 東涌	Shop 18, G/F, Tung Chung Crescent, 1 Hing Tung Street. 慶東路一號東堤灣畔地下18號舖	Plan 3 - 6 計劃三至六
Discovery Bay 愉景灣	Shop 108, 1/F, Block B, Discovery Bay Plaza. 愉景灣廣場B座1樓108室	Plan 1 - 6 計劃一至六

#### Remarks 備註

<sup>1</sup> One-stop service is available. 提供一站式服務的體檢中心。

<sup>2</sup> Check-up service is only available from 9am to 1pm during Monday to Saturday. 只於星期一至六上午9時至下午1時提供體格檢查服務。

<sup>3</sup> Centres provide check-up service on Monday, Wednesday & Friday (9:00AM to 11:00AM). 中心只於星期一、三及五上午9時至11時提供體格檢查服務。

#### Terms and Conditions 條款及細則

- Members are required to present the original coupon to enjoy the offer. 會員必須出示優惠券正本以享體檢優惠。
- This coupon can only be used during the valid period and cannot be exchanged for cash or redeemed in conjunction with any other Bupa promotional offers. 此優惠券只限於有效日期內使用，及不可兌換現金，亦不能與其他保柏之優惠同時享用。
- Quality HealthCare is the services provider of this program. Any enquiry, dispute or complaint in respect of the services should be directed to the relevant services providers. 卓健醫療為是次服務之供應商，如會員對於本計劃之服務質素有任何查詢，投訴或爭議，請直接聯絡有關供應商。
- Bupa (Asia) Limited and Quality HealthCare Medical Services Limited reserve the rights of final decision. 保柏(亞洲)有限公司及卓健醫療服務有限公司保留權利，對有關優惠及申請作出最終決定。



Bupa member privilege 保柏會員優惠

Health Check  
Package Coupon  
健康檢查優惠券

bupa.com.hk

Enjoy  
health check for  
up to 30% off  
健康檢查計劃  
低至7折

The holder of this coupon is entitled to receive a health check-up at Bupa member price at Quality HealthCare Physical Check-up Centres, please refer to the inside page for the details of health check packages. 憑券可於卓健醫療體格檢查中心以保柏會員價接受健康檢查一次，有關檢查服務詳情，請參閱內頁。

Please choose your desired health check package 請選擇所需檢查服務:

- |                          |                                                 |                             |                  |
|--------------------------|-------------------------------------------------|-----------------------------|------------------|
| <input type="checkbox"/> | <b>Plan 1: Comprehensive Women Health Check</b> | 計劃一: 全面女士檢查 (CS code: CC86) | <b>HK\$3,820</b> |
| <input type="checkbox"/> | <b>Plan 2: Comprehensive Men Health Check</b>   | 計劃二: 全面男士檢查 (CS code: CC87) | <b>HK\$2,950</b> |
| <input type="checkbox"/> | <b>Plan 3: Standard Men Health Check</b>        | 計劃三: 標準男士檢查 (CS code: CC88) | <b>HK\$900</b>   |
| <input type="checkbox"/> | <b>Plan 4: Standard Women Health Check</b>      | 計劃四: 標準女士檢查 (CS code: CC89) | <b>HK\$800</b>   |
| <input type="checkbox"/> | <b>Plan 5: Basic Health Check 2</b>             | 計劃五: 基本檢查 2 (CS code: CC90) | <b>HK\$680</b>   |
| <input type="checkbox"/> | <b>Plan 6: Basic Health Check 1</b>             | 計劃六: 基本檢查 1 (CS code: CC91) | <b>HK\$360</b>   |

Prior appointment is required before visiting the centre. Please present this original coupon upon registration to enjoy the offers. 敬請預約及於登記時出示此券正本以享優惠。

#### Notes for Examination 檢查須知

- Blood glucose and blood lipids tests: Please fast for 8 hours before the scheduled appointment (moderate amount of drinking water is allowed). 血糖及血脂測試: 請於進行檢查前8小時開始禁食(可飲用適量清水)。
- Stool test (for female): Sample should not be taken during menstruation. 大便檢驗(女士): 大便樣本不應在月經期間留取。
- Pap smear and urine test (for female): Should be performed 4-10 days after the last day of menstruation. 請於月經完後4-10天內進行柏氏子宮抹片及尿液檢驗。

Valid until 31 July 2018 有效期至2018年7月31日

Bupa Physical Check-up Booking Hotline  
保柏會員體檢預約專線: 8200 8178



			Plan 1 計劃一: Comprehensive Women Health Check 全面女士檢查	Plan 2 計劃二: Comprehensive Men Health Check 全面男士檢查	Plan 3 計劃三: Standard Men Health Check 標準男士檢查	Plan 4 計劃四: Standard Women Health Check 標準女士檢查	Plan 5 計劃五: Basic Health Check 2 基本檢查 2*	Plan 6 計劃六: Basic Health Check 1 基本檢查 1*
Original Price (HK\$)		原價 (港幣)	<del>\$4,780</del>	<del>\$3,680</del>	<del>\$1,130</del>	<del>\$1,010</del>	<del>\$970</del>	<del>\$480</del>
Bupa Member Price (HK\$)		保柏會員價(港幣)	<b>\$3,820</b>	<b>\$2,950</b>	<b>\$900</b>	<b>\$800</b>	<b>\$680</b>	<b>\$360</b>
Check-up items 檢查項目								
Detailed Medical History 詳細病歷調查			●	●	●	●	●	●
Physical Examination 體格檢查			●	●	●	●	●	●
Visual Acuity 視力測試			●	●				
Body Mass Index & Waist Circumference 身高體重比例指數及腰圍量度			●	●	●	●	●	●
Blood Analysis 血液檢驗	Blood Grouping (Rh Factor)	血型及Rh因子	●	●				
	Complete Blood Picture	血全像	●	●			●	●
	ESR	血沉降率	●	●				
Kidney Function 腎功能	Urinalysis	尿液常規檢查	●	●	●	●		●
	Serum Creatinine	肌酸酐	●	●				
	Serum Urea	血尿素	●	●				
Liver Function 肝功能	S.G.O.T. (AST)	谷草轉氨酶	●	●				
	S.G.P.T. (ALT)	谷丙轉氨酶	●	●				
	Serum Bilirubin	膽紅質	●	●				
	Alkaline Phosphatase	鹼性磷酸酶	●	●				
	Gamma GT	丙種谷氨酰轉肽酶	●	●				
	Total Protein	蛋白	●	●				
	Globulin	球蛋白	●	●				
	Albumin	白蛋白	●	●				
Hepatitis Screening 肝炎檢驗	Anti- HAV Total	總甲型肝炎抗體	●	●				
	HBsAg	乙型肝炎表面抗原	●	●				
	HBsAb	乙型肝炎表面抗體	●	●				
	HCVAb	丙型肝炎抗體	●	●				
Thyroid Function 甲狀腺功能	TSH	促甲狀腺激素	●	●				
Gout Screening 痛風症檢驗	Uric Acid	尿酸	●	●				
Diabetes Screening 糖尿病測試	Blood Glucose (fasting)	血糖(空腹)	●	●	●	●	●	
	Urine Microalbumin	尿液微白蛋白					●	
Electrolyte Disturbance Screening 電解質干擾	Serum Na	鈉	●	●				
	Serum Cl	氯化物	●	●				
	Serum K	鉀	●	●				
Bone Metabolism 骨骼新陳代謝	Calcium	鈣	●	●				
	Phosphate	磷酸鹽	●	●				
Blood Lipids 血脂肪	Total Cholesterol	總膽固醇	●	●	●	●	●	●
	HDL - Cholesterol	高密度膽固醇	●	●	●	●	●	●
	LDL - Cholesterol	低密度膽固醇	●	●	●	●	●	●
	Total / HDL Ratio	總及高密度膽固醇比例	●	●	●	●	●	●
	Triglycerides	三酸甘油脂	●	●	●	●	●	●
Stool Test 糞便檢驗	Microscopy	大便蟲卵檢查	●	●				
	Occult Blood	糞便內潛血	●	●			●	
Breast Examination 乳房檢查	Mammogram OR Ultrasound of Breasts	乳房造影圖或乳房超聲波	●					
Cancer Marker 癌症指標	Prostatic Specific Antigen (PSA) - Male Only	前列腺癌抗原-只適用於男性		●	●			
	Pap Smear - Female Only	柏氏抹片檢查-只適用於女性	●			●		
Lung Imaging Test 肺影像檢驗	Chest X-ray	胸部X光(照肺)	●	●	●	●		
Lung Function Test 肺功能測試	Vitalograph	肺功能檢驗	●	●				
Cardiovascular Risk Assessment 心臟病風險評估	Electrocardiogram (ECG)	心電圖	●	●			●	
Medical Report 驗身報告			●	●	●	●	●	●
Follow Up Consultation for Report Review 醫生解釋報告			●	●	●	●		

\* Plan 5 & 6: Follow up consultation for report review is available at an additional charge of HK\$170.

\* 計劃五或六：如需醫生解釋報告，會員須額外繳付港幣170元。