

保柏香港推出幾項關注精神健康的新計劃：

<p>社區參與項目「#見字咁咁」</p>  <p>The logo for 'Go4 a Break #見字咁咁' features the text 'Go4 a Break' in a stylized, colorful font with musical notes and stars, and the hashtag '#見字咁咁' below it.</p>	<p>新聞稿： https://www.bupa.com.hk/tc/media-centre/2020-10-16/</p>
<p>精神健康支援方案</p>  <p>A photograph of a woman in a white shirt smiling while sitting at a desk with a computer monitor in an office setting.</p>	<p>網站： https://www.bupa.com.hk/tc/companies-employees/supporting-healthier-minds/</p>
<p>關心健康企業嘉許計劃</p>  <p>The logo for the 'MindCare Company Recognition Scheme' (關心健康企業嘉許計劃) features stylized human figures in blue and orange, a heart, and stars, with the text '關心健康企業嘉許計劃' and 'MindCare Company Recognition Scheme'.</p>	<p>網站： https://www.bupa.com.hk/tc/companies-employees/mental-health-recognition/</p>
<p>「Bupa4Life」健康互動平台</p>  <p>An advertisement for the 'Bupa4Life' health platform. It shows a man in a blue suit holding a tablet and a woman in a white shirt and blue pants standing in a kitchen. The text 'Bupa4Life 身心健康 連結生活' is prominent. Below it, there are icons and labels for 'Analyse 身心評估', 'Achieve 健康起點', 'Assist 靈活助理', and 'Award 獎賞積分'. The Bupa logo is in the top left corner.</p>	<p>網站： https://www.bupa.com.hk/bupa4life/</p>