

Bupa Hong Kong launched several new initiatives to support mental health:

<b>#Go4aBreak community engagement</b>	
	Press release (Chinese version):  <a href="https://www.bupa.com.hk/tc/media-centre/2020-10-16/">https://www.bupa.com.hk/tc/media-centre/2020-10-16/</a>
<b>Supporting Healthier Minds Programme</b>	
	Website:  <a href="https://www.bupa.com.hk/en/companies-employees/supporting-healthier-minds/">https://www.bupa.com.hk/en/companies-employees/supporting-healthier-minds/</a>
<b>MindCare Company Recognition Scheme</b>	
	Website:  <a href="https://www.bupa.com.hk/en/companies-employees/mental-health-recognition/">https://www.bupa.com.hk/en/companies-employees/mental-health-recognition/</a>
<b>Bupa4Life wellness engagement platform</b>	
	Website:  <a href="https://www.bupa.com.hk/bupa4life/">https://www.bupa.com.hk/bupa4life/</a>