



Bupa EndoscopyDAY

We're pleased to introduce our new Bupa Direct Access for You (DAY) programme, which provides direct access to day case centres around Hong Kong. Under this new programme, the first offering is our EndoscopyDAY centres providing common types of endoscopy such as colonoscopy and gastroscopy. These procedures help identify problems in your stomach or bowel when you're unwell. Plus, you can return home on the same day.

At the modern, well-equipped day case centres in our EndoscopyDAY programme, eligible Bupa customers¹ have direct access to cashless treatment for endoscopy procedures. Plus, you can receive a special loyalty reward.



Did you know?

Day case procedures like endoscopies are very common in most Western and Asian countries. In England, 91% of endoscopy services are located outside of hospitals². Based on claims data from the United States, colonoscopies performed on a day case basis are just as safe as those performed in hospital³.

In Hong Kong, day case centres must comply with a list of specific government standards to perform endoscopies. These guidelines are designed to ensure patient safety⁴.

If you choose a day case endoscopy centre, you can enjoy...



High-quality and professional centres

- Achieving top industry standards
- In compliance with Bupa's clinic quality assurance and accreditation checklist
- Staffed by a team of experienced specialists and dedicated health professionals

Efficient and convenient treatment

- No unnecessary hospital stay
- Easy to access locations across Hong Kong
- No extra hassle as your specialist will help you get approval



Comfortable and well-equipped facilities

- Modern and well-equipped endoscopy rooms
- Superior, hospital-grade amenities
- Personalised care in a quiet, peaceful environment

Our Bupa EndoscopyDAY centres located around Hong Kong

Causeway Bay: **1 centre**

Central: **5 centres**

Jordan: **1 centre**

Mong Kok: **2 centres**

Quarry Bay: **1 centre**

Tsim Sha Tsui: **1 centre**

Tsuen Wan: **1 centre**

Wong Chuk Hang: **1 centre**



More details about our centres are available on myBupa⁵.



**After your procedure,
you'll receive a loyalty reward from Bupa:**

Individual members: \$500 supermarket coupon

Group members: \$100 supermarket coupon

(Please refer to the FAQ and terms and conditions.)

How to use our EndoscopyDAY centres

1

If your doctor thinks you might need an endoscopy...



2

Get a valid referral letter from him or her.



Great! Now let's move on.

If you don't have a usual specialist

Make an appointment with an on-site network specialist in one of our EndoscopyDAY centres.



If you have a usual Bupa network specialist

Choose any one of our three centres without on-site specialists located within hospitals. Check if your Bupa network specialist is registered there⁶.



The on-site network specialist will perform your endoscopy in the EndoscopyDAY centre.



If your specialist is registered, make an appointment with them and schedule your endoscopy.



If not, don't worry! Just make an appointment with an on-site network specialist in one of our other EndoscopyDAY centres.



Afterwards, you'll receive your results on the same day at the EndoscopyDAY centre. Before you leave, make sure to present your Bupa medical card to enjoy cashless treatment. Later on, you'll receive a special loyalty reward from Bupa.

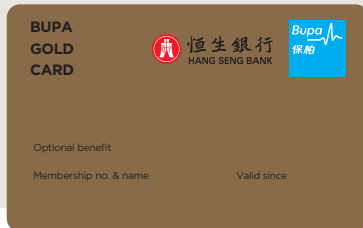
Tip

Have a non-network specialist?

You'll still need to visit a Bupa network specialist for your first consultation. But you can share your results with any doctor of your choice for follow up.

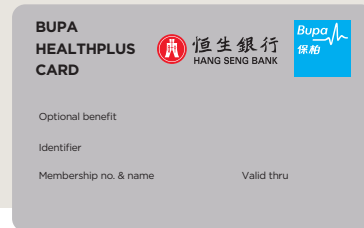
Here's a few important things to remember

Before scheduling your visit, check if your insurance plan includes hospital and surgical benefit and your medical card is valid for cashless treatment. In general, Bupa medical cards¹ with the following services listed on the front can be used at our EndoscopyDAY centres.



BUPA GOLD CARD

- Hospital & Clinical
- Hospital



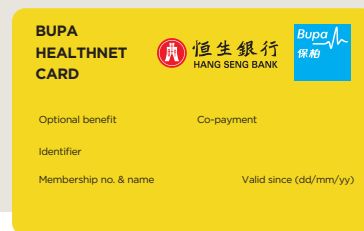
BUPA HEALTHPLUS CARD

- Hospital & Clinical
- Hospital



BUPA HEALTHCARE CARD

- For clinic procedure only



BUPA HEALTHNET CARD

- Hospital & Clinical
- Clinical

More details are available on myBupa.



You'll need the following documents on hand for your consultation and procedure:

- Valid Bupa medical card
- Hong Kong ID card
- Valid referral letter from your doctor



Questions?
Call our Customer
Care helpdesk.

Essential members:

2517 5588

Excel, Excel Plus, Global Prestige VHIS,
Global Supreme members:

2517 5688

Group members:

2517 5988

Frequently asked questions

1. Am I eligible to receive the loyalty reward for endoscopy procedures?

To receive the loyalty reward, you need to meet all the criteria listed below:

- Your Bupa medical insurance plan includes hospital and surgical benefit and offers coverage for network specialist visits and day case procedures at Bupa network day case centres. Please refer to your contract/policy and schedule of benefits for details;
- You get a referral letter from your doctor;
- Your endoscopy must be performed by a Bupa network specialist at a Bupa EndoscopyDAY centre;
- Your endoscopy is medically necessary;
- You use your medical card for cashless treatment at the EndoscopyDAY centre; and
- You haven't received any loyalty reward in the same calendar year.

2. When will I receive the loyalty reward after my endoscopy procedure?

You should receive your loyalty reward redemption email around 4 months afterwards. Bupa will send your loyalty reward redemption email to the email address in our records. If we don't have your email address, we'll post a redemption letter to your postal address. Members should present the email/letter at the designated redemption centre(s) to claim their loyalty reward (supermarket coupon).

3. How many times can I receive the loyalty reward?

You can receive the loyalty reward once per calendar year. However, if you're an individual member, you're not eligible for the loyalty reward during your first policy year.

4. I'm covered by Bupa individual and group medical insurance schemes. Which plan should I use to receive the loyalty reward?

You can choose either plan for endoscopy at our Bupa EndoscopyDAY centres. However, you can only receive one loyalty reward in total each calendar year.

Notes

- Only Bupa members with the Bupa HealthCare Card (for clinic procedure only), Bupa HealthNet Card (Hospital & Clinical, Clinical), Bupa HealthPlus Card (Hospital & Clinical, Hospital) and Bupa Gold Card (Hospital & Clinical, Hospital) are eligible for cashless treatment at Bupa EndoscopyDAY centres. However, some medical cards are only accepted at selected centres. Please refer to the EndoscopyDAY centre list on myBupa for details.
- Source: Shenbajaj L, Thomas-Gibson S, Stebbing J, et al. Endoscopy in 2017: a national survey of practice in the UK. *Frontline Gastroenterology*. 2018.
- Source: Voelker R. Ambulatory Centers Match Hospital Safety for Outpatient Colonoscopy, Study Says. *JAMA*. 2011;305:2508-2509.
- Source: Department of Health, Hong Kong Academy of Medicine. Procedure-Specific Standards for Day Procedure Centres: Endoscopy. May 2018.
- The name and contact information of each Bupa EndoscopyDAY centre, including address and telephone number, are available in the centre list on myBupa. The list is subject to change from time to time.
- Bupa members can ask any Bupa network specialist to refer them for endoscopy procedures performed at the three Bupa EndoscopyDAY centres in Central, Wong Chuk Hang and Tsuen Wan without on-site specialists. Please refer to the centre list on myBupa for details.

Terms and conditions for loyalty rewards

- Each member of a Bupa health insurance scheme can only receive a loyalty reward of HK\$500/HK\$100 (individual/group schemes) once per calendar year. This offer is only applicable to medically necessary endoscopy procedures performed at Bupa EndoscopyDAY centres upon the recommendation of a specialist. Bupa reserves the right to make changes to the reward offer or to amend terms and conditions related to the reward offer at any time without prior notice.
- The loyalty reward will only be offered for endoscopy procedures that are performed by a Bupa network specialist listed on myBupa at Bupa EndoscopyDAY centres.
- Members of individual schemes aren't eligible to receive the loyalty reward during their first policy year.
- Each member is required to present a valid Bupa medical card, Hong Kong Identity Card and referral letter from a registered general practitioner or specialist upon registration at the EndoscopyDAY centre.
- Eligible members must present a valid Bupa medical card for cashless treatment at EndoscopyDAY centres. If the medical expenses exceed the member's coverage or aren't covered by the insurance plan (e.g. excluded conditions), a shortfall notice will be sent to the member for settlement.
- Medical services offered by the EndoscopyDAY centres listed are subject to the medical insurance coverage and/or benefit limits of each member. Before receiving any service, members should check their benefit entitlement in their membership certificate and/or schedule of benefits. Please contact our Customer Care helpdesk for more information.
- Please log in to our customer portal myBupa for the updated lists of EndoscopyDAY centres and network specialists. These lists are subject to change from time to time.

This leaflet contains general information about the endoscopy centres and cashless arrangement only. The coverage and conditions of the medical insurance plans are subject to the terms, benefits and exclusions set out in the insurance contract/policy. Please refer to your contract/policy for details. Bupa may update the information in this leaflet from time to time without prior notice. Please visit Bupa's website (www.bupa.com.hk) for the latest information.